

Sample Fall, First Year Schedule

Monday		Coded	Tuesday		Coded	Wednesday		Coded	Thursday		Coded
8:30am	Breakfast	PSE	8:30am	Breakfast	IND	8:30am	Breakfast	PSE	8:30am	Breakfast	IND
					PCP /						PCP /
			9:00am	Gym	PSE				9:00am	Gym	PSE
10:00-10:50am	Gen 103	AC	10:00-11:30am	LAK 108 - Community Engagement Seminar**	LAK	10:00-10:50am	Gen 103	AC	10:00-11:30am	LAK 108 - Community Engagement Seminar**	LAK
10:50am	Quick Meet with AC^	AC	12:15pm	Lunch	PSE	10:50am	Quick Meet with AC^	AC	12:15pm	Lunch	PSE
12:15pm	Lunch	IND	1:00-2:00pm	Study Hall (optional)**	AC	12:15pm	Lunch	IND	1:00-2:00pm	Study Hall (optional)**	AC
1:00-2:00pm	Study Hall (optional)**	AC	2:00-3:25pm	Com 110	AC	1:00-2:00pm	Study Hall (optional)**	AC	2:00-3:25pm	Com 110	AC
2:00-3:30pm	LAK 107 - Personal Development Seminar**	LAK	3:25pm	Quick Meet with AC^	AC	2:00-5:00pm	LAK 107 - Personal Development**	LAK	3:25pm	Quick Meet with AC^	AC
						5:00-6:30pm	Weekly Errands / Shopping	LAK			
							Dinner / Group Cook**	LAK			
5:30pm	Dinner	PSE	5:30pm	Dinner	IND	7:00-7:50pm	Elective / Band	IND	5:30pm	Dinner	IND
7:00-7:50pm	Elective / Band	IND	7:30-9:00pm	Com 110 Study Time	IND	8:30-9:30pm	Gen 103 Study Time	AC	6:15-8:00pm	Laundry time**	PCP / LCS
8:30-9:30pm	Gen 103 Study Time	IND	9:30pm	Check-In^	LCS	9:30pm	Check-In^	LCS	8:00-9:00pm	Com 110 Study Time	IND
9:30pm	Check-In^	LCS							9:30pm	Check-In (Weekend Plan)^	LCS
Friday		Coded	Saturday		Coded	Sunday		Coded	Key:		
8:30am	Breakfast	PSE	10:00am	Make Up Study Time	IND	9:30am	Dorm Clean**	PCP / LCS	Supported by Academic Coach AC		
10:00-10:50am	Gen 103	AC	11:00am	Brunch	IND	11:00am	Brunch	PSE	Supported/Lead by LCS Program Staff LCS		
10:50am	Quick Meet with AC^	AC	12:00-1:30pm	Make Up Study Time	IND	12:00-1:30pm	Make Up Study Time	IND	Supported by Peer / Social Event PSE		
12:15pm	Lunch	IND	2:00-5:00pm	LU Football Game	PSE	4:00-5:00pm	Com 110 Study Time	AC	Person Centered Plan Goal PCP		
1:00-2:00pm	Study Hall (optional)**	AC							LAK 107 or 108 - lead by LCS program Staff LAK		
2:00pm	Weekly PCP Check-In^	LCS							Completed independently IND		
6:00pm	Dinner	PSE	6:00pm	Dinner	PSE	6:00pm	Dinner	PSE	** All LU students welcomed to attend, but likely to only be attended by LCS students.		
7:00-9:30pm	Friday Night Social	PSE	8:00-10:00pm	Movie Night	PSE	8:00-9:00pm	Gen 103 Study Time	IND	^ Activities that are likely to be completed 1:1 or in an exclusive group		
						9:30pm	Check-In^	LCS			