Psychology is a very broad discipline that employs the methods of scientific inquiry as it observes, describes, and explores the brain's role in emotion, thought, and behavior. Students in the psychology program are called upon to think critically and creatively as they examine how organisms adapt to their surroundings through biological, social, emotional, perceptual, and cognitive capacities. Students learn to become clear communicators, attentive listeners, and dynamic and sensitive problem solvers.

An undergraduate degree in psychology will prepare students for careers in human services as well as for graduate school programs in psychology, counseling, social work, or law.

REQUIRED COURSEWORK (40 semester hours)
All courses listed are 3 semester hours unless otherwise indicated.
MATP221 Statistics for Psychology
PSY 200 General Psychology
PSY 340 Experimental Psychology
PSY 463 History and Systems of Psychology

Complete one of the following areas of emphasis:

**Brain and Behavior Emphasis**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
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<tbody>
<tr>
<td>PSY 305</td>
<td>Health Psychology</td>
</tr>
<tr>
<td>PSY 362</td>
<td>Cognitive Psychology</td>
</tr>
<tr>
<td>PSY 411</td>
<td>Biological Psychology</td>
</tr>
<tr>
<td>PSY 417</td>
<td>Drugs and Behavior</td>
</tr>
</tbody>
</table>

The completion of at least six courses (18 sem. hrs.) of PSY, PSYS, EDUP, or SOCP courses. One course must be from the Clinical/Counseling emphasis.

**Clinical/Counseling Emphasis**

<table>
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<tr>
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<tbody>
<tr>
<td>PSY 350</td>
<td>Child Psychology</td>
</tr>
<tr>
<td>EDUP 330</td>
<td>Human Growth and Development</td>
</tr>
<tr>
<td>PSY 372</td>
<td>Abnormal Psychology</td>
</tr>
<tr>
<td>PSY 408</td>
<td>Psychological Testing</td>
</tr>
<tr>
<td>PSY 420</td>
<td>Positive Psychology</td>
</tr>
</tbody>
</table>

The completion of at least six courses (18 sem. hrs.) of PSY, PSYS, EDUP, or SOCP courses. One course must be from the Brain and Behavior emphasis.

Also available as a minor.
For more information, visit lakeland.edu/adult.
DISTRIBUTIONAL STUDIES

Rhetorical Development

- GEN 110 Composition I: Academic Writing
- GEN 112 Composition II: Argumentation and Research

Quantitative Skills

- MAT 130 Intermediate Algebra
  or
- MAT 150 Statistics for Everyday Life

SELECT A MINIMUM OF 3 CREDITS FROM 7 OF THE 8 FOLLOWING CATEGORIES:

- Art, Music and Theatre (ART, MUS, THE)
- History and Political Science (HIS, POL)
- Literature and Writing (ENG, WRT)
  Excludes WRT 110 and WRT 210
- Mathematics (MAT)
  Excludes MAT 130 and MAT 150
- Natural Sciences (BIO, CHM, PHY and GEN 183)
- Philosophy and Religion (PHI, REL)
- Social Sciences (ANT, CRJ, ECN, SOC, PSY)
  Excludes SOCP 335
- World Languages (CHI, GER, JPS, SPA or other)

INTERDISCIPLINARY STUDIES

- GEN 130 General Studies Core I: Knowing the Self (Exempt with at least 30 transfer credits)
- GEN 3XX General Studies Core II: Exploring the Human Condition
  (Exempt with at least 90 transfer credits)
- GEN 4XX General Studies Core III: Shaping the Future

Upon completion of the requirements for the Bachelor of Arts degree through the Lakeland College evening, weekend and online program, degree-earning students will have

- earned at least 120 semester hours of college credit, with a minimum of 30 semester hours having been completed through Lakeland College;
- satisfied the requirements of at least one academic major;
- completed the General Studies requirements; and
- maintained a cumulative 2.0 grade point average in both the major and in all coursework taken through Lakeland College.

The Lakeland College evening, weekend and online program’s liberal arts component enables students to develop the necessary skills and knowledge to communicate clearly, inquire methodically, evaluate rationally and reason validly. These skills are developed through courses in:

- Distributional Studies, which develop knowledge in areas outside the major; and
- Interdisciplinary Studies, which encourage the integration of knowledge and values.