

# LAKELAND UNIVERSITY DINING SERVICES MENU - FALL 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	Scrambled eggs	Scrambled eggs	Scrambled eggs	Scrambled eggs	Scrambled eggs
	Cheese eggs	Ham & cheese eggs	Cheese eggs	Fried eggs	Denver eggs
	Tater tots	Hash browns	Hash brown patty	American fries	Seasoned potato cubes
	Pancakes	Cinnamon rolls	French toast sticks	Amaretto pancakes	French toast bake
	Bacon	Pork links	Sliced ham	Corned beef hash	Bacon
	Chicken sausage	Turkey links	Turkey sausage	Turkey links	Chicken sausage
	Oatmeal	Grits	Oatmeal	Grits	Oatmeal
<b>SALAD</b>	Spinach with raspberry vinaigrette	Fresh Fruit	Orange ginger chicken	Chef salad	Greens w/ roasted corn, red pepper, avocado, tortilla strips
	Cream of potato	Grilled Portabella Caesar	Beef and wild mushroom	Potato cheddar	Clam chowder
<b>LUNCH</b>	Green beans	Minestrone	Sesame snow peas	Peas	Cole slaw
	Roasted red potatoes	Garlic Broccoli	Sticky rice	Onion rings and potato chips	Garlic parmesan fries
	Fresh fruit	French Fries	Fresh fruit	Fresh fruit	Fresh fruit
	Roasted red potatoes	Chicken Alfredo	Sticky rice	Hamburgers	Garlic parmesan fries
	Mac & cheese	Beef Hot Dogs	Sweet sour chicken	Veg. Burgers	Mrs.Friday's beer battered cod
	Chicken tenders	Chili & Cheese Sauce	Vegetable teryaki		Herb marinated chicken breast
			Pizza		
<b>DINNER</b>	Winter blend veggies	Corn	Roasted broccoli w/garlic oil	Roasted brussels sprouts	<b>PIZZA NIGHT!</b> Four cheese Pepperoni & sausage Vegetable Featured pizza of the day Breadsticks & marinara
	Garlic bread	Mashed potatoes w/gravy	White rice	Scallop potatoes	
	Italian sausage link	Cornbread	Buttered egg noodles	Wild rice	
	Spaghetti	Breaded chicken pieces	Pepper steak tips	BBQ pork chops	
	Meat sauce, marinara, alfredo	Meatballs & gravy	Lemon pepper cod loin	Chicken cordon bleu	
		Strawberry salad	Cherry walnut salad	Dinner rolls	

