



LAKELAND
UNIVERSITY

Lakeland is an **innovative** university that works with students to turn their goals into reality.

Our flexible learning options give students the freedom to:

- Work
- Participate in athletics and clubs/organizations
- Create lifelong relationships

At Lakeland we value hard work, and our award-winning Cooperative Education program is providing a new way for students to earn a bachelor's degree.

Cooperative education allows you to earn academic credit for your work and prepare you for the real world while controlling the cost of college.

PSYCHOLOGY

Psychology is a broad discipline that employs the methods of scientific inquiry as it observes, describes and explores the brain's role in emotion, thought and behavior. Students in the psychology program are called upon to think critically and creatively as they examine how organisms adapt to their surroundings through biological, social, emotional, perceptual and cognitive capacities. Students learn to become clear communicators, attentive listeners and dynamic and sensitive problem solvers. An undergraduate degree in psychology will prepare students for careers in human services as well as for graduate school programs in psychology, counseling, social work or law.

HIGHLIGHTS

- The Psychology major promotes a scientific approach to the study of behavior and mental processes.
- Students majoring in psychology are called upon to think critically and creatively as they examine the ways in which organisms adapt to their environments through biological, social, emotional, perceptual and cognitive capacities.
- Psychology courses are offered as preparation for careers in a variety of professional settings or for graduate studies in psychology or related fields.
- The psychology major strives for the promotion of students' ability and desire to think critically about social systems and the problems that arise within them.
- Psychology provides excellent preparation for careers in the social sciences, law and religion. Positions available for students majoring in psychology include human resources consultant and human services careers (e.g. case management, group home worker, psychology assistant).
- The psychology program includes theory and methodology, as well as research and analysis.

Graduate with 12-18 months of professional work experience.

Psychology



4-YEAR PLAN | ACADEMIC CATALOG 2019-20

	Course #	Course Name	Credit	Course #	Course Name	Credit	Course #	Course Name	Credit
Year 1	FALL TERM			SPRING TERM			SUMMER TERM		
	GEN 110	Composition I: Academic Writing	3	GEN 112	Composition II: Argumentation & Research	3			
	GEN 130	Core I: Foundations of Critical Thinking	3	PSY 200	General Psychology (DS #2)	3			
	MAT 130	Intermediate Algebra	3	XXX	Distributional Study #3	3			
	XXX	Distributional Study #1	3	XXX	Distributional Study #4	3			
	XXX	Elective	3	XXX	Elective	3			
	Total Credits this Term		15	Total Credits this Term		15	Total Credits this Term		0
Year 2	FALL TERM			SPRING TERM			SUMMER TERM		
	PSY 220	Social Psychology	3	GEN 3XX	Core II	3			
	PSY 221	Statistics for Psychology (DS #5)	3	PSY 340	Experimental Psychology	3			
	PSY 321	Personality Theories	3	PSY 372	Abnormal Psychology	3			
	XXX	Distributional Study #6	3	XXX	Distributional Study #7	3			
	XXX	Elective	3	XXX	Elective	3			
	Total Credits this Term		15	Total Credits this Term		15	Total Credits this Term		0
Year 3	FALL TERM			SPRING TERM			SUMMER TERM		
	GEN 4XX	Core III	3	PSY 408	Psychological Testing	3			
	PSY 305	Health Psychology	3	PSY XXX	Psychology Elective	3			
	PSY 350	Child Psychology	3	PSY XXX	Psychology Elective	3			
	XXX	Elective	3	XXX	Elective	3			
	XXX	Elective	3	XXX	Elective	3			
	Total Credits this Term		15	Total Credits this Term		15	Total Credits this Term		0
Year 4	FALL TERM			SPRING TERM			GRADUATION IN MAY!		
	PSY 361	Aging: Bio-Psychosocial Implications	3	PSY 420	Positive Psychology	3			
	PSY 411	Biological Psychology	3	PSY 463	History & Systems of Psychology	3			
	PSY XXX	Psychology Elective	3	XXX	Elective	3			
	XXX	Elective	3	XXX	Elective	3			
	XXX	Elective	3	XXX	Elective	3			
	Total Credits this Term		15	Total Credits this Term		15			

Notes: