



TRANSFER GUIDE - ASSOCIATE DEGREE PROGRAMS
MSTC Program: HEALTH AND WELLNESS PROMOTION

Lakeland College Program: Psychology - Brain & Behavior Emphasis
Minimum GPA for admission: 2.0
Initial effective date:

General Education Courses

Course No.	Course Title	Credits	Course No.	Course Title	Credits
10801136	English Composition	3	GEN 110	Composition I: Academic Writing	3
10801195	Written Communication				
10809166	Intro to Ethics: Theory & Application	3	PHI 232	Ethics/A Religion & Philosophy course	3
10809198	Intro to Psychology	3	PSY 200	General Psychology/A Social Sciences course	3
10801196	Oral/Interpersonal Communication	3	COM 111	Fundamentals of Public Speaking	3
10801198	Speech				
10809172	Introduction to Diversity Studies	3	SOC 100	Introduction to Sociology/A Social Sciences course	3
10809196	Intro to Sociology				
10809188	Developmental Psychology	3	EDUP 330	Human Growth & Development/A Social Sciences course	3
10806177	General Anatomy & Physiology	4		A Natural Sciences course	4
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Occupational Courses

Course No.	Course Title	Credits	Course No.	Course Title	Credits
10103106	Microsoft Office-Introduction	3	CPS 100	Introduction to Computers	3
10546100	Essential Concepts of Health and Wellness	3		An elective course	3
10546101	Nutrition for Healthy Living	3		An elective course	3
10544102	Physical Aspects of Aging	3		An elective course	3
10544103	Healthy Aging	3		An elective course	3
10546102	Behavior for Change and Wellness	3		An elective course	3
10546103	Principles of Physical Conditioning	3		An elective course	3
10102101	Intro to Business	3	BUS 150	Pathways to Success: An Introduction to	3
10104102	Marketing Principles	4	BUS 350	Marketing Principles	4
10546104	Population Health & Wellness	3		An elective course	3
10546105	Program Development, Implementation, & Evaluation	3		An elective course	3
10546106	Health and Wellness Practicum	2		An elective course	2
	Elective	3		An elective course*	3
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*Chosen course will be reviewed for application to degree requirements.

Courses needed to complete degree at Lakeland College:

Course No.	Course Title	Credits
GEN 112	Composition II: Argumentation and Research	3
Complete a minimum of 3 credits from 4 of the following 5 categories (12 credits)		12
	Mathematics	
	World Languages	
	History and Political Science	
	Art, Music, and Theatre	
	Literature and Writing	
GEN 3XX	CORE II: Exploring the Human Condition	3
GEN 4XX	CORE III: Shaping the Future	3
PSY 340	Experimental Psychology	3
PSY 463	History and Systems of Psychology (WI)	3
MATP 221	Statistics for Psychology	3
PSY 305	Health Psychology	3
PSY 362	Cognitive Psychology	3
PSY 411	Biological Psychology	3
PSY 417	Drugs and Behavior	3
Complete five additional courses (PSY, PSYS, EDUP or SOCP) from the following:		15
PSY 321	Personality Theories	
PSY 350	Child Psychology	
PSY 372	Abnormal Psychology	
PSY 400	Internship in Psychology	
PSY 405	Child Psychopathology	
PSY 408	Psychological Testing	
PSY 420	Positive Psychology	
PSY 480	Special Topics in Psychology	
PSY 490	Independent Study in Psychology	
PSY 495	Psychology Senior Thesis I	
PSY 496	Psychology Senior Thesis II	
PSYS 221	Sexuality: Psychosocial Perspectives	
PSYS 361	Aging: Bio-psychosocial Perspectives	
EDUP 230	Educational Psychology	
EDUP 432	Survey of the Exceptional Person	
SOCP 220	Social Psychology	
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** Note: Elective credits may be needed to reach required 120 minimum for a Lakeland College degree.