

**This policy is effective as of December 14, 2020. (Amended January 25, 2022)**

Once Residence Life staff has been notified that a residential student has tested positive or has been exposed to the COVID-19 virus, the following steps will be implemented:

- Identified residential student(s) (including roommates) will be temporarily rehoused in the designated on-campus housing unit(s) that will allow them to be quarantined from others to prevent post-residential transmission.
- All units are prepared and pre-stocked with essentials
- Essentials are identified as the following:
  - Tissue, soap, facecloth, towels; (If desired, the residential student may bring their own)
  - Two sets of linens per room (flat sheet and fitted sheet)
    - Residential students must bring their blankets/quilts and pillows
  - Garbage bags
  - Disinfectant/Sanitizing supplies
  - Refrigerator:
    - One per suite
    - One per pod
  - Microwave
    - One per suite
    - One per pod
- Dorm phones will be installed in each room
- Desktop computer/laptop will be installed or provided in common areas for continued course work
- Residential students can bring the following personal items into quarantine units:
  - TV/gaming units
  - Personal computers, laptops
  - Toiletries (recommended)
  - Lakeland approved Service or ESA animals
  - Snacks, etc.
  - Clothes (enough for ten days)

Quarantined residential students needing laundry services should contact the Director for Residence Life, Mark Edmond at [EdmondMT@lakeland.edu](mailto:EdmondMT@lakeland.edu), or Hall Director, Troy Seehafer at [SeehaferTE@lakeland.edu](mailto:SeehaferTE@lakeland.edu).

## **Symptom Checks and Monitoring**

- Quarantined residential students will be issued a thermometer to record their temperatures twice a day during the 10-day quarantine.
- [14-Day Symptom Log](#)
- Should residents that are quarantined due to exposure become symptomatic, they are to continue to log their temperature twice daily, and go to their [MyPrevea](#) app to schedule a symptomatic COVID-19 test.
- Symptomatic is described as demonstrating any of the following:  
*Fever or chills, Cough, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Diarrhea*

- **If any of the following symptoms occur, contact Campus Safety immediately at 920-565-1126, or via extension x1126 from a desk phone, OR dial 911 immediately:**
  - ✓ Shortness of breath and or Trouble breathing
  - ✓ Persistent pain or pressure in the chest
  - ✓ New confusion
  - ✓ Bluish lips or face
  
- After scheduling a COVID-19 test, quarantined residents must notify the following individuals:
  1. Director for Residence Life, Mark Edmond at [EdmondMT@lakeland.edu](mailto:EdmondMT@lakeland.edu),  
**AND**
  2. Hall Director, Troy Seehafer at [SeehaferTE@lakeland.edu](mailto:SeehaferTE@lakeland.edu)
  - This will ensure that staff knows that you have been approved to leave your quarantine unit to go to the Wellness Center for testing or any other needed medical appointments.

### Quarantine Rules

- All residential rules and regulations are still in effect.
  
- Students who fail to remain in quarantine recovery units or self-isolation protocol on-campus risk being suspended from campus residential housing for the remainder of the academic year.
  
- Social gatherings/parties in campus residential housing are currently prohibited. Residents found responsible for violating this COVID-19 community safety policy, including its quarantine safety policy, will be automatically suspended from residential housing for one full academic year and will need to re-apply for campus housing the following academic year.
  
- Any student who knowingly withholds information that they are and was positive for COVID-19 and continues (d) to integrate into the campus community including, but not limited to, attending in-person classes will be dismissed from residential housing indefinitely.
  
- Any residents temporarily housed in the designated quarantine units cannot have any guests. Exceptions to this rule will be the following:
  1. Campus Safety and any other university authorized official.
  2. Emergency medical personnel/First responders.
  3. Parents (notification/approval given before arrival);
    - a) Quarantined residential student(s) and or parent(s) may contact the Vice President for Campus Life, David Simon, Jr., at [SimonDR@lakeland.edu](mailto:SimonDR@lakeland.edu) or by calling 920-565-1000 x2501 to inquire about coming to campus.

## Quarantine Protocol

- Residential student(s) that have completed the recommended adopted quarantine protocol based on the guidance of the CDC, Sheboygan County Public Health, Lakeland University, and have been free of any symptoms for 24 hours without the aid of OTC medications, will be allowed to return to their assigned residential facility.
- Lakeland University has the authority to meet and enhance the recommended quarantine guidelines issued by the CDC and Sheboygan County Public Health Department to ensure a safe and healthy community for all. Therefore, Lakeland University's quarantine protocol is as follows:
  - If a community member has tested positive for COVID-19, they will be instructed to quarantine for ten days from the test date that results in a positive outcome.
  - If it has been determined through contact tracing that a community member has been exposed to COVID-19, the following factors will be used to determine the 10-day quarantine protocol:
    - a) 10 days from the confirmed last day of contact with the individual who tested positive;
    - b) If the last contact day cannot be confirmed, a 10-day quarantine will be implemented. The quarantine will begin from the test date of the individual who tested positive for COVID-19;
    - c) If points (a) and (b) are unable to be confirmed, the 10-day quarantine period will begin from the date of notification of exposure.
- In the 10-day quarantine protocol, residential students cannot test out of quarantine. However, if a residential student becomes symptomatic, they must register on their [MyPrevea](#) app to schedule a symptomatic COVID-19 test. If the COVID-19 test results in a positive outcome, the quarantine days may be adjusted.

## Vaccinated Protocol

- If you are vaccinated and test positive for COVID-19, regardless of if you are Symptomatic or Asymptomatic; you will be required to quarantine for ten days from the date of the positive PCR test;
- If you are vaccinated, and through contact tracing efforts, it is discovered that you have been exposed, you will be required to take a PCR test four days after exposure.
  - Results of the test will determine the following action steps needed.

## Residential Requests to Quarantine Off-Campus

- Lakeland strongly recommends that residential students do **NOT** leave campus to quarantine, but if a residential student requests to return to their permanent address, they must do the following:
  - Have a parent or guardian contact the office for residence life;
  - Parent or guardian will need to acknowledge that they are aware the residential student has tested positive for COVID-19 and has been exposed to the COVID-19 virus;
  - The parent or guardian must articulate a plan of how the residential student will be quarantined for ten days at their permanent address.
  - Parent or guardian must also articulate a transportation plan that does not involve public transportation, i.e., campus shuttle, bus, train, or plane. (If the plan involves public transport, it will not be approved.)
  - Parent or guardian can pick up a residential student.
  - If the residential student must drive to their permanent address, it must be a direct (point A to point B) route.

## COVID-19 Quarantine Policy for Residential Students



- Note: If an off-campus quarantine request for a residential student involves any location other than the permanent address on file, the request will be denied.
- Once a quarantine unit is no longer occupied, it will undergo a sanitation treatment process performed by trained employees from the Housekeeping Department.

### Communication to the Lakeland Community

- The director of external relations will prepare all communication information:
  - Updates on any COVID-19 related information or material to the following:
    - a) All students
    - b) Employees and trustees
    - c) Possible communication for broader community per needs of public health
    - d) Add info to [Lakeland.edu/coronavirus](http://Lakeland.edu/coronavirus) page

### Dining Services

- Campus Safety delivers Meals at the below scheduled times:

Breakfast	Lunch	Dinner
8:00am	11:00am	4:00pm

- Campus Safety officers are responsible for hand-delivering meals to each quarantined resident
- Officers will knock on the door to announce their arrival. All quarantined residents are required to respond with mask/face covering being worn. All officers will be in the necessary PPE.
  - Officers are responsible for visual care for a welfare check with each quarantined resident.
- Quarantined residential students with dietary needs or concerns should contact:
  - Director for Dining Services, Mark Wagner at [WagnerMD@lakeland.edu](mailto:WagnerMD@lakeland.edu)
- Quarantined residents can order and purchase delivered flex meals/meals from the Muskie Grill between the hours of 6-9 p.m. nightly. (Please see menu options in emailed quarantine manual)
  - Muskie Grill assistants can only provide “No Contact” delivery of purchased meals.

### Additional Information

- Each residential student who is placed into quarantine will receive via their Lakeland email an informational quarantine policy manual for review. In the quarantine manual, students will find the following information regarding the following services:
  - Health, mental health & spiritual services
  - Academic resources
  - Muskie Grill ordering
  - I.T.
  - Delivery of Mail/Packages
- Effective immediately, the Lakeland Health and Wellness Center will no longer conduct walk-in COVID-19/CORONAVIRUS testing. All tests must be scheduled through the [MyPrevea](#) app.

## COVID-19 Quarantine Policy for Residential Students



- Students and employees are strongly encouraged not to return home to visit family and friends who have tested positive or have been exposed to COVID-19 and are currently quarantined. If this happens, you will be asked not to return to campus for ten days, and you will need to be cleared to return to campus by a university official. If Lakeland University staff learn that a student has returned from a home where someone has tested positive or may have been exposed to COVID-19, that person is in quarantine. The student knowingly withheld this information, the student will be suspended from residential campus housing for the remainder of the academic year. The student may re-apply for campus residential housing the following academic year.