COVID-19 Quarantine Policy for Residential Students



This policy is effective as of December 14, 2020. (Amended December 17, 2020)

Once Residence Life staff has been notified of a residential student testing positive or having been exposed to the COVID-19 virus, the following steps will be implemented:

- Identified residential student(s) (including roommates) will be temporally rehoused in designated on-campus housing unit(s) that will allow them to be quarantined from others in order to prevent post-residential transmission.
 - All units are prepared and pre-stocked with essentials.
 - Essentials are identified as the following:
 - ✓ Tissue, soap, face cloth, towels; (Residential student may bring their own if desired)
 - √ Two sets of linens per room (flat sheet and spread)
 - ❖ (Residential student must bring their own blankets/quilts and pillows)
 - ✓ Garbage bags
 - ✓ Disinfectant/Sanitizing supplies
 - ✓ Refrigerator;
 - One per suite
 - One per pod
 - ✓ Microwave:
 - One per suite
 - One per pod
 - Dorm phones (Will be installed in each room)
 - Desktop computer/laptop (Will be installed or provided in common area for continued course work)
 - Residential students can bring the following personal items into quarantine units;
 - TV/gaming units
 - Personal computers, laptops
 - Toiletries (Recommended)
 - Lakeland-approved Service or ESA animals;
 - Snacks, etc.
 - Clothes (enough for 10 and/or 14 days)
 - ✓ Quarantined residential students needing laundry services, should contact the Director for Residence Life Mark Edmond EdmondMT@lakeland.edu or Assistant Director for Residence Life Nicole Hageny HagenyNA@lakeland.edu
- Symptom check and monitoring
 - Quarantined residential students will be issued a thermometer to record their temperatures twice a day during the 10- or 14-day quarantine.
 - 14-Day Symptom Log
 - Should residents that are quarantined due to exposure become symptomatic, they are
 to continue to log their temperature twice daily, and go to their <u>MyPrevea</u> app to
 schedule a symptomatic COVID-19 test.
 - Symptomatic is describe as demonstrating the following:
 - √ Fever or chills
 - ✓ Cough
 - √ Fatigue
 - ✓ Muscle or body aches
 - √ Headache
 - ✓ New loss of taste or smell
 - ✓ Sore throat
 - ✓ Congestion or runny nose
 - ✓ Nausea or vomiting
 - ✓ Diarrhea
 - At any time if one of the following would occur, contact Campus Safety 920-565-1126 or 1126 from desk phone or dial 911 immediately
 - ✓ Shortness of breath and or Trouble breathing
 - ✓ Persistent pain or pressure in the chest
 - ✓ New confusion

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- ✓ Bluish lips or face
- After scheduling a COVID-19 test, quarantined residents must notify the following:
 - ✓ Director for Residence Life Mark Edmond EdmondMT@lakeland.edu, and/or Assistant Director for Residence Life Nicole Hageny HagenyNA@lakeland.edu
 - ✓ This will ensure staff are aware that you have been approved to leave your
 quarantine unit, to go to the Wellness Center for testing or any other needed
 medical appointments.

Quarantine rules:

- o All residential rules and regulations are still in effect.
- Students who fail to remain in quarantine recovery units or in self-isolation protocol on campus risk being suspended from campus residential housing for the remainder of the academic year.
- Social gatherings/parties in campus residential housing are currently prohibited. Residents
 found responsible for violating this COVID-19 community safety policy, including its
 quarantine safety policy, will be automatically suspended from residential housing for one full
 academic year and will need to re-apply for campus housing.
- Any student who knowingly withheld information that they are and or were positive for COVID-19, and continued to integrate into the campus community including, but not limited to, attending in-person classes will be dismissed from residential housing indefinitely.
- Any residents that are temporally housed in the designated quarantine units cannot have any guests. Exceptions to this will be the following:
 - 1. Campus Safety and/or any other university authorized official;
 - 2. Emergency medical personnel/First responders;
 - 3. Parents (notification/approval given before arrival);
 - a) Quarantined residential student(s) and or parent(s) may contact the Vice President for Campus Life David Simon Jr SimonDR@lakeland.edu or by calling 920-565-1000 x2501 to inquire about coming to campus.
- Quarantine Protocol: Residential student(s) that have completed the recommended adopted
 quarantine protocol based on the guidance of the CDC, Sheboygan County Public Health, and
 Lakeland University, and have been free of any symptoms for 24 hours without the aid of OTC
 medications, will be allowed to return to their assigned residential facility.
 - Lakeland University has the authority to meet and/or enhance the recommended quarantine guidelines issued by the CDC and Sheboygan County Public Health Department as it relates to ensuring a safe and healthy community for all. Therefore, Lakeland University's quarantine protocol is as follows:
 - If a community member has tested positive for COVID-19, they will be instructed to quarantine for 10 days from the date of the test that resulted in a positive outcome.
 - If it has been determined through contact tracing that a community member has been exposed to COVID-19, the following factors will be used to determine the 14-day quarantine protocol:
 - a) 14 days from the confirmed last day of contact with the individual whom tested positive;
 - b) If the last day of contact cannot be confirmed, then 14 days will be implemented from the test date of the individual whom tested positive for COVID-19.
 - c) Any circumstance where points (a) and (b) are unable to be confirmed. The 14-day quarantine period will begin from the date of notification of exposure.
 - In the 14-day quarantine protocol, residential students cannot test out of quarantine. However, if a residential student becomes symptomatic, they are to register on their MyPrevea app to schedule a COVID-19 test. If the COVID-19 test results a positive outcome, the quarantine days may be adjusted.
- Residential request to guarantine off campus
 - Lakeland strongly recommends that residential students do NOT leave campus to quarantine, but if a residential student requests to return to their permeant address they must do the following:
 - Have a parent or guardian contact the office for residence life;
 - Parent or guardian will need to acknowledge that they are aware the residential student has tested positive for COVID-19 and/or has been exposed to the COVID-19 virus;

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- The parent or guardian must articulate a plan of how the residential student will be quarantining for 10-14 days, at their permanent address;
- Parent or guardian must also articulate a transportation plan that does not involve public transportation i.e. campus shuttle, bus, train, or plane. (If the plan involves public transportation, it will not be approved.)
- Parent or guardian can pick up residential student;
- If residential student is required to drive to their permanent address it must be a direct (point A to point B) route.
- Note: If an off-campus quarantine request for a residential student involves any location other than the permanent address on file, the request will be denied.
- Once a quarantine unit is no longer occupied it will undergo a sanitation treatment process performed by trained employees from Housekeeping.
- Communication to the Lakeland community:
 - All communication information will be prepared by the director of external relations:
 - Updates on any and all COVID-19 related information or material to the following:
 - a) All students
 - b) Employees and trustees
 - c) Possible communication for broader community per needs of public health
 - d) Add info to Lakeland.edu/coronavirus page

Dining Services:

Meals are delivered by Campus Safety on the approximate schedule;

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	Breakfast	Lunch	Dinner
	8:00am	11:00am	4:00pm

- Campus Safety officers, are responsible for hand delivering meals to each quarantined resident:
 - Officers will knock on the door, all quarantined residents are required to respond with mask/face covering being worn; (All officers will be in the necessary PPE)
 - ✓ Officers are responsible for doing a visual care for welfare check with each quarantined resident.
- o Quarantined residential students with dietary needs or concerns should contact:
 - Director for Dining Services Mark Wagner <u>Wagnermd@lakeland.edu</u>
- Quarantined residents have the ability to order and purchase delivered flex meals/meals from the Muskie Grill between the hours of 6-9 p.m. nightly; (Please see menu options in emailed quarantine manual)
 - Muskie Grill assistant(s) can only do "No Contact" delivery of purchased meals.

Additional information

- Each residential student who is placed into quarantine will receive via their Lakeland email an
 informational quarantine policy manual for review. In the quarantine manual students will find the
 following information regarding the following services:
 - o Health, mental health & spiritual services
 - o Academic resources
 - Muskie Grill ordering
 - o I.T.
 - Delivery of Mail/Packages
- Effective immediately, the Lakeland Health and Wellness Center will no longer conduct walk-in COVID-19/CORONA VIRUS Testing. All tests must be scheduled through the MyPrevea app.
- Students and employees are strongly encouraged not to return home to visit family and/or friends who have tested positive or may have been exposed to COVID-19 and are currently quarantining. In the event this happens, you will be asked not to return to campus for 14 days and you will need to be cleared to return to campus by a university official. If it is learned that a student has returned from a home where someone has tested positive or may have been exposed to COVID-19 and in quarantine and the student knowingly withheld this information, the student will be suspended from residential campus housing for one full academic year and will need to re-apply for campus residential housing.